

# FREEZE IT FOR 'COOKOUTS'

Why not plan an outdoor cookout?

Whether it's an old-fashioned picnic, a beach supper, or a backyard barbecue, almost any food seems to taste better in the open air. Doing advance preparations with the aid of your freezer makes it a simple matter to be ready at any time to serve a delicious outdoor meal that the entire family can enjoy together.

The entire menu can be prepared in advance and stored in your freezer 'til family and weather conditions see eye to eye on outdoor dining. Here are some suggestions from Amana freezer home economics director, Mrs. Sara Walls, to help you plan and prepare your next "freezer cook-out."

Hamburgers can be preshaped, ready for grilling, or wrapped individually in foil (perhaps with a cheese slice or spoonful of barbecue sauce) to go right into the coals. Serve in foil wrapper and you'll cut down on the dishwashing, too.

Cheese-stuffed franks wrapped in bacon are a freezer fare that will be ready to cook on a grill or over an open fire. Kabobs of steak, mushrooms, and bacon; ham, pineapple chunks, and stuffed olives; or beef balls, cheese cubes, and tiny cooked new potatoes all can be prepared and stored in the freezer.

And here's another tip from Amana's home economics director. Split and butter a supply of hamburger and weiner buns and keep them in the freezer so they'll be ready on a moment's notice.

Several freezer containers of chili, a meat loaf, barbecued spareribs, chop suey, baked beans, shrimp creole, even a good rich chowder, can be tucked into the picnic corner of the freezer. Be sure to include plenty of your favorite barbecue sauce for basting steaks, hamburgers, pork chops, or chickens.

It's a good time to consider your frozen corn on the cob, too. With each ear wrapped in foil, (include a pat of butter) you can roast it right in the coals. Toss up a crisp salad to complete the meal.

If the family prefers other vegetables, it takes only a matter of minutes to cook the frozen variety, which you can store in quantity in the freezer. Vegetables will lend color and flavor to any meal, indoor or out.

Bread and dessert suggestions from Amana's home economics department include apple pie, waffle shortcakes, garlic bread, corn muffins, doughnuts, frozen fruits, cupcakes, ice cream sundaes, cottage pudding, and angel food cake. All of the above can be served from the freezer. Or try these ideas—individual cups of ice cream, ice cream on a stick, home made popsicles, ice-cream sandwiches.

And it's a wise homemaker who keeps a supply of frozen sandwiches for pack-and-go picnics. Spread the bread with softened butter to prevent fillings from soaking it. Use a variety of breads.

For fillings try roast beef, ham, meat loaf, lamb, chicken, turkey, cold cuts, cheese, peanut butter alone or in combination with bacon, pickle relish, jelly or marmalade; cream cheese with olives, crushed pineapple, chopped dried beef, marmalade or nuts; pimiento cheese; tunafish salad (chop celery very fine, use cooked salad dressing instead of pure mayonnaise, and chop hard cooked eggs very fine if you use them), and many others.

Clean up time can be simple too, by using paper plates and cups for serving. Or line small wicker baskets with paper napkins and

serve finger-style food in them.

Here are three recipes, taste-tested in the Amana freezer kitchen, to try at your next cookout: they will add a plus to indoor meals also.

## Baked Beans Old-World (serves 25)

- 1 1/2 quarts of navy beans
- 2 quarts of water
- 2 1/2 onions, finely chopped
- 1 tbsp. salt
- 1/2 lb. salt pork or bacon (cut in thick slices)
- 5/8 cup molasses
- 3/8 cup brown sugar
- 1/2 cup catsup
- 3/4 tsp. dry mustard
- 1/2 tsp. ginger

Wash beans thoroughly. Place in large roaster pan or inset pan of electric roaster. Cover with water and soak overnight. Then simmer beans (covered) until skins are easily pierced—do not boil. Bury the salt pork or bacon and onions in beans. Mix together the molasses, brown sugar, salt, mustard, catsup and ginger. Blend well with the beans. Cool slowly until beans are done (4-5 hours). If you use oven, cook at 250° F. Serve for one meal and then package the rest for the freezer, when the beans are cooled. (For a quick lunch, spread defrosted beans on buttered bread. Top with a slice of cheese and broil.)

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## Barbecued Bread

- 3/4 cup chopped onion
- 2 tbsp. margarine or butter
- 2/3 cup chili sauce
- 2 tbsp. vinegar
- 1 tbsp. Worcestershire sauce
- 2 tsp. brown sugar
- 1/2 tsp. celery salt
- 3/4 tsp. dry mustard
- 1/2 cup grated cheese
- 1 loaf French, Vienna or rye bread, unsliced

Saute onion in butter or margarine until tender but not browned. Add other ingredients except cheese, and simmer until thick. Cut bread on the bias, being careful not to cut quite through bottom crust and making each slice about 3/4-inch thick. Spoon a tablespoonful of the sauce in each cut. Sprinkle cuts and top of loaf with grated cheese. Wrap loaf in heavy foil and put away in your freezer until needed. Heat (still in foil wrap) on sides of grill and serve.

Weather note: In case of rain, pop into 400° oven for 20-25 minutes.



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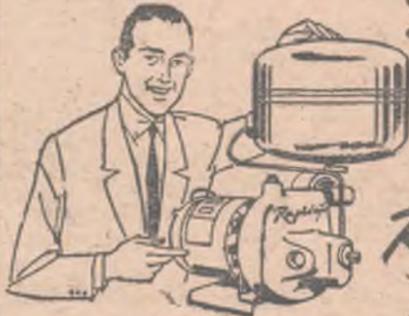
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